

Yoga with Sheron - On-line, drop-in classes - Refunds, Credits, Cancellations, Etc.

These policy changes will apply to all live on-line drop-in classes.

If you are in a registered series, please read the Nourish classes policy.

A) Need to withdraw from a Drop-in, Live On-line class?

Once payment has been made, a refund or credit can be issued:

>Before the session begins and up to 3 hours before the start of class = tuition you paid, minus 20% admin fee**.

>No credit or refund if withdrawal is less than 3 hours before start time of class.

All refunds/credits are processed *by request only* (if you do not ask for a refund/credit, I will assume you do not want one).

CREDIT: Credits can be used in any upcoming *Yoga with Sheron* class. Credits are only held for 2 months.

If a credit is unused by the end of the 2 month period, you have the following options:

1. Receive a refund via e-transfer or cash
2. Receive a refund by mail (cheque) minus \$2.00 for postage and handling.
3. Donate (all or part of) the eligible refund amount towards admin/operations of class.

REFUNDS: Refunds will be paid out within 2 weeks of request confirmation/acceptance.

Payment options for Refunds:

1. E-transfer.
2. By mail (cheque) minus \$2.00 for postage and handling.
3. Donate (all or part of) the eligible refund amount towards admin/operations of class.

**This clause also applies to students that have technical difficulties and cannot get connected with the class.

B) Class Cancellations by me:

If a class needs to be canceled due technical glitches on my end, or my illness, i will send out an email (or call or text) with at least 2 hours notice of class start time... unless something wacky happens, then i will contact you as quickly as i can. Please ensure you have provided your most up-to-date contact info with contact preferences.

You will receive back 100% of tuition paid for said class, as a short term credit or a refund:

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If a credit is unused by the end of the 2 month period, you have the following options:

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C) Tired? Cranky? Sore? Attend class anyways?

Please also know, so much of our classes can be modified. You can work in a chair or on the floor. You can opt out of as many poses as you like. You can just lay on the floor in Savasana the whole time. Many people have shared how they received benefit from just being there, hearing the cues, and breathing (or imagining themselves in poses). Know this is always an option for you, if you feel comfortable attending in such way.

These policies may be updated at anytime. (updated December 4th, 2020)

Questions, comments or concerns? Fire away!